

Chords And Harmony On Guitar Self-Assessment Worksheet

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IMPORTANT: print out this worksheet, then use a PEN (not a pencil that you can erase. . .) and answer ALL the questions below. Once you have answered all the questions, hang this worksheet in your practice area where you can see it every time you pick up your guitar: it will help you speed up your progress in studying Chords and Harmony (and in your Music Theory in general).

NOTE: This worksheet is great in helping you identify your problems and re-focusing your practice on the right things you need to practice to play the way YOU want. . . but it comes with strings attached: it work only if you answer to ALL the question and *actually put some thought* in the answers ;-)

- What are your top 3 goals regarding Chords and Harmony on guitar? That is: what do you want to be able DO if you knew perfectly how Chords and Harmony work on guitar? Write down the details of your goals (i.e. don't just write that you want to write songs: write what style you want to write in, what you want to write about, how you would like the audience to react to your songs, etc)

1. _____

2. _____

3. _____

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- What are the main 3 problems that you have regarding Chords and Harmony on guitar? What you don't know yet, or do not know how to apply? (You can have more than three problems, but write the 3 most important ones here):

1. _____

2. _____

3. _____

- Looking at the 3 problems above, identify which one(s) of the 5 areas below you need to work on. It could be one, or it could be all five areas. Answer with just "yes" or "not".

1. Chord Positions (inversions and voicings) _____

2. Chord Extensions _____

3. Chord Progressions _____

4. Chord Substitutions _____

5. Application (Creating actual guitar parts) _____

- For each of the 5 areas, what it is that you CAN NOT do right now because you don't know your Chords and Harmony well enough? How does it make you feel? Describe it in detail below for each of the 5 areas:

1. Chord Positions (inversions and voicings) _____

1. Chord Extensions _____

1. Chord Progressions _____

1. Chord Substitutions _____

1. Application (Creating actual guitar parts) _____

- How has not knowing how to practice Chords and Harmony on guitar correctly hurt your progress towards those goals so far? Describe in detail below:

- If you could eliminate the 3 problems you listed above AND reach the 3 goals you listed above, how would you feel? What would it mean to you? (YES, this is important, don't skip this part).

- How will your guitar playing be different when you know exactly how to practice in the best and most effective way possible? And how will this make you feel? Describe it below:

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- Take a look at your typical weekly schedule. When can you find some time each day to dedicate to the study of Music Theory? How can you make that happen?

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- What other changes will you make in your practicing starting TODAY to immediately see bigger and better results in your guitar playing?

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- How can you be 100% sure that you are on the right track in learning Chords and Harmony and avoid to be sidetracked by sources such as Youtube lessons, etc?

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- How can you set yourself up for success and make sure that you NEVER slip back into your old and inefficient ways of studying Chords and Harmony as time goes on?